

Curriculum Mapping

School Illini Bluffs High School

School Year 2009-2010

Teacher Steve Bishop

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Course Physical Education Grade Level 10,11,12

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Month	ILS	Content	Skills	Assessments	Resources
August					
September	19.B 19.C 19.B4 19.B5 19.C3A	GOLF	* Golf swing * 9 hole golf course * Driving range * Mini golf cours	Students will be able to hit a target with a golf ball. Students will demonstrate proper golf etequette. Students will have a understanding of the game of golf	- Driving range - 9 hole golf course - Mini golf course
October	5A 6A.5 19C.5 19C.5.B 24A.5 24B.5	BOCCE BALL ARENA INDOOR FOOTBALL BEAN BAG TOSS (BAGS)	* Under hand toss * Game strategies * Attention to safety * Throwing * Catching * Running * Team stratagies * Kicking	Students will be tested on their knowledge of rules, and accuracy. Students will be tested on the rules, as well as their participation.	- Out door football field - Gymnasium
November	19C.5A 19C.5B 21 21A.5 21B.5 24A5 24B.5	VOLLEYBALL WEIGHT LIFTING	* Passing * Serving * Hitting * Rule knowledge * Proper technique * Safety Precautions	Students should be able to hit different targets with a volleyball from the serve position. Students will also know the basic rules of the game. Students should increase their max weight that is tested	Gymnasium - Weight room

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				at the beginning as well as the end of the course.	
December	19.C.5.A 19C.5.B B21 21A.5 21B.5 24A.5	BASKETBALL HIT PINS 4 SQUARE MAT BALL	* Shooting * Dribbling * Passing * Running * Kicking * Throwing * Dodging	Students will compete in a free-throw contest. Students will be tested on their dribbling quickness. Students will be timed in a shooting drill for accuracy.	- Gymnasium
January	24A.5 24B.5	BOWLING	* Approach * Basic rules (keeping score) * Bowling etiquette	Students will be assessed on a curve of their scores.	- AMF bowling lanes
February	19.C 19C.5A 19C.5B 21A.5 21B.5 24.B.5	PICKLE BALL VOLLEYBALL SKI TRIP	* serve * slam * Dink * Back hand * Fore hand * Snow Plow * Using Chair Lift * Stopping Skills	Students will compete in a ladder tournament.	- Gymnasium - Snowstar Ski Resort
March	21.A.5 19.C.5.A 19.C.5.B	FLOOR HOCKEY ROLLER SKATING	* Passing * Dribbling * Shooting * Team work * Balance * Safety * Forward backward skating	Students will compete in a round robin tournament Things are going well if we do not have any broken bones.	- Gymnasium
April	21.A.5 19.B.5B	BAD MINTON WIFFLEBALL	* Under hand serve * Smash * Mobility * Rule Knowledge * Throwing * Catching * Hitting	Students will complete a rules test at the end of the unit.	- Gymnasium

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			* Running		
May	21.A.5 19C.5.A 19.C.5.B	KITTENBALL SKILLS TESTING	* Carry over of wiffleball skills * Mile run * Shuttle run	Round robin tournament. Presidential standards.	- Track