

Curriculum Mapping

School Illini Bluffs High School School Year 2009-2010

Course Health Grade Level 9 Page 1

Month	ILS	Content	Skills	Assessments	Resources
August	23A4 24C4 22A4B	Total Health Stress	Identify 5 areas of health Identify stress Identify stressor identify stress response	Test Worksheets Paper	Textbook Video
September	24A4B 22A4C 22A4D 22A3D	Mental Health Emotional Health Defense Mechanisms Mental Disorders Maslow's Hierarchy of Needs Depression Teenage Suicide Therapy for Mental Emotional Safety at Home and Work Recreational Safety Accidents and Risks	Identify Mental and Emotional Disorders Recognize Defense Mechanisms Recognize steps on Maslow's Hierarchy Identify the realms of depression Identify warning signs of suicide Understand feeling of depression and suicide Recognize treatment options for mental and emotional disorders Recognize accidents are leading cause of death between ages of 15 and 24 Identify ways to modify behavior to prevent accidents Identify ways to maintain safety at home and in the workplace Recognize and identify ways to prevent accidents in recreational activities	Worksheets Tests Papers	Textbook Video Discussion

Month	ILS	Content	Skills	Assessments	Resources
October	22A4C 24B4 24A4A	Emergency Priorities Injuries Choking, Heart Attack, and other Emergencies Common Emergencies Changes During Adolescence Communicating Effectively Relationship with Peers Sexuality and Responsibility Family Relationships Family positives and negatives	Identify first steps taken in an emergency Demonstrate rescue breathing Identify procedures for dealing with bleeding emergencies Identify and treat shock Identify and treat the types of fractures Identify and treat head and spine injuries Recognize and identify choking emergencies Explain first aid for heart attack victim Identify and treat heat and cold emergencies Identify and treat three types of burns Describe how to treat poison victims Identify the changes of the male and female body during puberty Understand the role of dating Recognize the changes teenage pregnancies causes	Worksheet Tests Videos Quizzes Hands On Training	Textbook Video Discussion Hands on first aid
November	23A4 23C4 24B4	Male and Female Reproductive Organs Pregnancy Birth and Childhood Development Stages of Adulthood Marriage and Parenthood Sexually Transmitted Diseases	Identify the major organs of the male and female systems Identify and understand how androgenic hormones and anabolic steroids affect the reproductive structures Recognize functions and dysfunctions of the male and female systems Identify the events that occur during birth Identify the stages of prenatal development of baby	Test Quiz Worksheets Discussion	Textbook Handouts Video

Month	ILS	Content	Skills	Assessments	Resources
			Identify stages of labor Identify three stages of adulthood Understand medical problems of each stage of adulthood Recognize difficulties of teenage marriage Identify reasons why people get married Recognize responsibilities of parenthood Identify the most common STD'S Identify signs and symptoms of common STD'S Recognize how STD'S are spread		
December	23B4 22A4A 23B4	Hiv Infection and AIDS Noninfectious Diseases and Disorders	Understand what HIV is and how it compromises the immune system Identify how HIV is transmitted Identify refusal skills to prevent HIV Recognize heredity and congenial diseases Recognize and understand autoimmune diseases Recognize and understand degenerative diseases	Test Worksheets	Textbook Video Discussion
January		Same as Aug			
February		Same as September			
March		Same as October			
April		Same as November			
May		Same as December			
June					

